



Stevenson Memorial Hospital
Surgery
Pre-procedure COVID-19 Screening

You have been booked for a procedure by: Dr. _____ on _____.

Stevenson Memorial Hospital (SMH) is requesting that all patients coming to hospital for procedures undergo **pre-procedure COVID-19 screening**. **Please inform your surgeon if you are experiencing any of the following symptoms.**

Symptoms of Coronavirus (COVID-19) include:

Fever of 37.8 or higher	Chills
Cough, new or worsening	Shortness of breath, new or worsening
Difficulty swallowing	Sore throat, hoarse voice
Nausea/vomiting, diarrhea, stomach pain	Runny, stuffy or congested nose (not related to seasonal allergies)
Headache, new or unexplained	Pink eye
Lost sense of taste or smell	Muscle aches

What Patients Can Expect:

- If you come to the hospital symptomatic with a respiratory illness, it is likely that the surgery will be cancelled and need to be re-booked when healthy enough to undergo anesthesia.
- If you are being admitted, you will be swabbed for COVID-19 upon arrival.
- If you are diagnosed with sleep apnea and as a result use a CPAP machine, you will need to bring your machine with you. You will be swabbed for COVID-19 upon arrival.

Please practice **good health habits** to decrease risk of exposure to illness. COVID-19 continues to spread in our community along with several other viruses including RSV and seasonal influenza. It is important that everyone continues to use multiple layers of protection to reduce the risk of becoming sick.

Listed below are the best ways to protect yourself from transmitting or spreading the COVID-19 virus:

Wash your hands frequently.

- Stay home as much as possible.
- Avoid contact with others who are sick.
- Practice physical distancing.
- Wear a mask when out in public places.
- Cover your mouth with an elbow when coughing or sneezing.

Day of Surgery

- Continue to self-monitor for symptoms and call the hospital if you develop them.
- Plan to have someone drop you off at the front entrance.
- A support person will not be able to accompany the patient into the hospital unless the patient is under the age of 18.
- A support person with a working cell phone must be available to pick you up within 15-30 minutes of a call from our staff. This will help us maintain social distancing in waiting rooms and recovery rooms, helping to keep you, other patients and our staff safe.
- Please ensure you bring written contact information that will accompany you throughout your stay if you want a family member or friend to receive information.

Possibility of COVID-19 Exposure

The nature of the virus indicates that even asymptomatic people can transmit disease. This means despite all efforts to ensure staff and patient safety, there will always be a small possibility of being exposed to COVID-19 in any public space including our hospital. Patients need to consider this fact when determining if surgery is right for them at this time.

Evidence has shown that the highest procedure putting health care members at risk is putting patients to sleep for surgery. We ask that because of this, you be forthcoming with your symptoms. Thank you for your understanding and cooperation.